

# Take Heart

CV TEAM SYMPOSIUM



April 3, 2017

VisTaTech Center

Schoolcraft College, Livonia, MI

*All sessions are knowledge-based activities.*

**7:15 – 8:00 a.m.**

## Registration and Continental Breakfast

DiPonio Room

**7:50–8:00 a.m.**

## Welcome Remarks

*Christopher A. Giuliano, PharmD, Wayne State University and Symposium Co-chair*

**8:00 – 9:30 a.m.**

## Opening Keynote: Highlights of the ACC Heart Failure Update and the ACC Supraventricular Tachycardia/AFIB Management Guidelines

Kehri Auditorium

*Gurjit Singh, MD, Henry Ford Hospital, Detroit, MI*

*Sandra Oliver-McNeil, DNP, ACNP-BC, CHFNP, AACC, College of Nursing, Wayne State University, Detroit, MI*

**Learning Objective:** At the end of this activity, participants should be able to explain the latest evidence-based recommendations for management of adults with Heart Failure, Supraventricular Tachycardia (SVT) and Atrial Fibrillation (AFib) as prescribed in the 2016 ACC/AHA/HFSA Focused Update on New Pharmacological Therapy for Heart Failure: An Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure, 2015 ACC/AHA/HRS Guideline for the Management of Adults Patients with Supraventricular Tachycardia and the 2014 ACC/AHA/HRSA Guideline for the Management of Atrial Fibrillation.

### Accreditation

- This activity has been accredited for pharmacists through the Accreditation Council of Pharmacy Education.
- This activity has been approved for 1.5 nursing contact hours through the Michigan Nurses Association.

**9:30 – 10 a.m.**

## Break

DiPonio Room

**10:00 – 11:00 a.m.**

## Breakout Session #1: Management of Complex Patients

**Option A: How to Manage AFIB Patients Who Are at a High Bleeding Risk**

Rennolds Room

*Elizabeth A. Petrovitch, PharmD, BCPS, Clinical Pharmacist Specialist, Cardiology PGY-2 Pharmacotherapy Residency Program Director, Harper University Hospital, Detroit, MI*

**Learning Objectives:** At the end of this activity, participants should be able to: describe risk factors for bleeding for patients receiving anticoagulants or anti-platelets; describe different bleeding risks among patients receiving warfarin, direct oral anticoagulants, and anti-platelets; and identify a management strategy for a patient with AFIB at a high risk of bleeding.

### Accreditation

- This activity has been accredited for pharmacists through the Accreditation Council of Pharmacy Education.
- This activity has been approved for 1 nursing contact hour and 1 pharmacotherapeutic hour through the Michigan Nurses Association.

## Option B: Alternate Strategies to Antiarrhythmic Therapy: The Role of Ablation

Kehri Auditorium

*Jennifer G. El Aile, MS, AGPCNP-BC, Michigan Heart, Ypsilanti, MI*

**Learning Objectives:** At the end of this activity, participants should be able to: describe the decision making process for choosing antiarrhythmic medications vs. ablation as a treatment strategy; identify potential patients that would benefit from an ablation; and identify the possible complications of ablation.

### Accreditation

- This activity has been approved for 1 nursing contact hour through the Michigan Nurses Association

**11:00 – 11:15 a.m.**

## Break

DiPonio Room

**11:15 a.m. – 12:15 p.m.**

## Breakout Session #2: Practical Strategies to Implement Guidelines

**Option A: Which Medication Should I Add First? Practical Suggestions for Medication Management in Heart Failure Patients**

Rennolds Room

*Andrew Johnson, PharmD, Cardiology Pharmacist, Bronson Methodist Hospital, Kalamazoo, MI*

**Learning Objectives:** At the end of this activity, participants should be able to: list medications that should be considered for all heart failure patients with reduced ejection fraction and describe a patient-centered medication regimen for a complicated patient with heart failure with reduced ejection fraction that cannot receive all guideline recommended medications.

#### Accreditation

- This activity has been accredited for pharmacists through the Accreditation Council of Pharmacy Education.
- This activity has been approved for 1 nursing contact hour and 1 pharmacotherapeutic hour through the Michigan Nurses Association.

#### **Option B: Involving Patients in Decision Making for Anticoagulation: Use of Risk Score Calculators to Improve Communication**

##### Kehri Auditorium

*Eva Kline-Rogers, MS, NP, AACC, Cardiovascular Nurse Practitioner and Co-director, MCORRP (Michigan Cardiovascular Outcomes Research and Reporting Program), Michigan Medicine, Ann Arbor, MI*

**Learning Objectives:** At the end of this activity, participants should be able to: identify the different risk score calculators that are available; state reasons for involving patients in decision-making process; and describe the shared decision-making process for anticoagulation use.

#### Accreditation

- This activity has been approved for 1 nursing contact hour through the Michigan Nurses Association

**12:15 - 1:15 p.m.**

#### Lunch

DiPonio Room

**1:15 - 2:15 p.m.**

#### **Breakout Session #3: Management of Comorbid Conditions in Cardiac Patients to Decrease Cardiac Mortality**

#### **Option A: Should Empaglifozin and Liraglutide Be Included in Cardiovascular Guidelines?**

##### Rennolds Room

*Sarah Hanigan, PharmD, BCPS, Cardiology Clinical Specialist, Michigan Medicine, Ann Arbor, MI*

**Learning Objectives:** At the end of this activity, participants should be able to: describe the cardiovascular benefits of empaglifozin and liraglutide; and design a regimen for a patient with diabetes and cardiovascular disease that optimizes care both disease states.

#### Accreditation

- This activity has been accredited for pharmacists through the Accreditation Council of Pharmacy Education.
- This activity has been approved for 1 nursing contact hour and 1 pharmacotherapeutic hour through the Michigan Nurses Association.

#### **Option B: Screening and Management of Depression in Patients with Cardiovascular Disease: Do's and Don'ts**

##### Kehri Auditorium

*Kamalika Roy, MD, Fellow, Department of Psychiatry, Psychosomatic Medicine, Michigan Medicine, Ann Arbor, MI*

**Learning Objectives:** At the end of this activity, participants should be able to identify: signs/symptoms of the depressed patient; screening tools available to assist in identifying patients needing referral for further evaluation and treatment; and treatment options for the management of depression in patients with cardiovascular disease.

#### Accreditation

- This activity has been approved for 1 nursing contact hour through the Michigan Nurses Association

**2:15 - 2:30 pm.**

#### Break

**2:30 - 4:00 p.m.**

#### **Closing General Session: Bringing It Together- Management of Patients in the Real World. A Case-based Approach**

##### Kehri Auditorium

**MODERATOR:** *Denise Busman, MSN, RN, Manager, Clinical Practice, Education and Quality, Department of Cardiovascular Services, Spectrum Health*

**CASE PRESENTER:** *Jeanne Gugudis, RN, BSN, Beaumont Health*

##### PANELISTS:

*Elizabeth A. Petrovitch, Pharm.D, BCPS, Clinical Pharmacist Specialist, Cardiology PGY-2 Pharmacotherapy Residency Program Director, Harper University Hospital, Detroit, MI*

*Eva Kline-Rogers, MS, NP, AACC, Cardiovascular Nurse Practitioner and Co-director, MCORRP (Michigan Cardiovascular Outcomes Research and Reporting Program), Michigan Medicine, Ann Arbor, MI*

*Daniel Alyesh, MD, Fellow, Frankel Cardiovascular Center, Michigan Medicine, Ann Arbor, MI*

**Learning Objectives:** At the end of this activity, participants should be able to describe pathways and options for the diagnosis and management of an elderly patient who has atrial fibrillation with rapid ventricular response and GI bleed from physician, nurse, and pharmacist perspectives.

#### Accreditation

- This activity has been accredited for pharmacists through the Accreditation Council of Pharmacy Education.
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